

**Board of Pilot Commissioners for the Bays  
of San Francisco, San Pablo and Suisun**

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MINUTES  
OF THE FEBRUARY 17, 2010  
PILOT FITNESS COMMITTEE MEETING

The Board of Pilot Commissioners Pilot Fitness Committee met February 17, 2010, at 10:30 a.m. at the Board of Pilot Commissioners office, Pier 9, Suite 102, San Francisco, California.

In attendance were Commissioner Roberts, presiding. Committee members Brigadier General Chester Ward, MD, MPH and Ms. Barbara Price were present, constituting a quorum. Also present were Dr. Robert Kosnik of the University of California, San Francisco Medical School, Ex-Officio Commissioner Morocz, Executive Director Allen Garfinkle, Assistant Director Nancy Bennett, Commissioner Miller and Henry Bowles were also present.

Commissioner Roberts called the meeting to order at 10:30.

1. Approval of Minutes from both August 17<sup>th</sup> and January 13<sup>th</sup> committee meetings. There was a motion to approve and it was seconded and passed with a unanimous vote.

2. Status report of UC San Francisco Medical Center study by Dr. Robert Kosnik:

Dr. Kosnik explained that the study has just begun. He began the study by reviewing the literature on the subject and found little. The most helpful was perhaps a British Medical Journal speaking to the subjects of vision and hearing. He has been also looking to other jurisdictions for material such as United Kingdom or Australia.

The study commences with looking into the physical demands of the job, and breaking these into individual tasks and looking at the physical and cognitive requirements of each task. Chairman Roberts requested that the sleep/work cycle also be considered. Other factors include such considerations as to what diseases might effect coordination, balance, fatigue and energy. Ms. Price added that Board specified policies should also be taken into account that might have an impact on pilot movement such as clothing (float coats) and personal pilot units (piloting laptop computers).

Items 3 -8 tabled for future meetings.

9. Ex-Officio Commissioner Morocz discussed the rules and practices surrounding the pilot medical status of Absent for medical reasons. The commission staff is not consistently receiving the Absent for Medical Reason (AMFR) notices from the SFBP. He pointed out that when an absence exceeds 30 days the absent pilot may have to see a Board physician and that Board staff is seeking clear direction from Board as to when this event should occur. He also stressed that Medical Disability Leave protects the pilots as it stays their license for renewal purposes. It was mentioned that any visit to a board doctor called for by the Board or any referral should be paid for by the Board.

10. The next meeting was set for March 18<sup>th</sup> at 1:00 p.m.

11:25 Meeting Adjourned.

Respectfully Submitted,

A handwritten signature in blue ink, appearing to read 'Allen Garfinkle'.

Allen Garfinkle, Executive Director